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Richard Hittleman**

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Richard Hittleman's Yoga 28-Day Exercise Plan, 1969. 12. Richard Hittleman's Introduction to Yoga, 1969. 13. Richard Hittleman's Guide to Yoga Meditation, 1969.

Richard Hittleman: list of books by author

1983 - Richard Hittleman's Yoga 28 Day Exercise Plan Paperback, Hardcover 1973 - Richard Hittleman's Yoga 28 Day Exercise Plan ISBN-13: 9780553075151

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