

Pocket Peace: Effective Practices For Enlightened Living By Allan Lokos

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Allan Lokos Allan Lokos is the founder and guiding teacher of the Community Meditation Center. He is the author of Pocket Peace: Effective Practices for Enlightened

Patience: book signing & discussion with allan

Announcements and Past Events Allan Lokos is the guiding teacher of the Community He is the author of Pocket Peace: Effective Practices for Enlightened

Allan lokos - wikipedia, the free encyclopedia

Allan Lokos is the founder and guiding teacher of the Community Meditation Center located on New York City s upper west side. He is the author of Pocket Peace

Allan lokos at the tricycle book club april 19th

Join us April 19th at the Tricycle Community Book Club when Allan Lokos will start discussing his new book, Pocket Peace: Effective Practices for Enlightened Living.

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Join us April 19th at the Tricycle Community Book Club when Allan Lokos will start discussing his new book, Pocket Peace: Effective Practices for Enlightened Living.

Allan lokos - sharon salzberg

Allan Lokos was on board a plane in A Conversation with Allan Lokos and Sharon Salzberg. Pocket Peace: Effective Practices for Enlightened Living and

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Pocket Peace: Practices for Enlightened Living, by Allan Lokos. In Pocket Peace, Allan Lokos, builds on them by offering effective pocket practices

When we teach a child to be truthful we offer them

Allan Lokos is the founder and guiding The Art of Peaceful Living and Pocket Peace: Effective Practices for Effective Practices for Enlightened Living;

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Allan Lokos is the founder and guiding The Art of Peaceful Living, Pocket Peace: Effective Practices for Allan has practiced meditation since the

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biography and community discussions about Allan Lokos Pocket Peace: Effective Practices for Enlightened Living by Allan Lokos (18 Feb 2010)

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Subtitled 'Effective Practices for Enlightened Living', Review of Pocket Peace Allan Lokos leads the Community Meditation Center in NYC,

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